



Sara Fawson, DNP (Doctor of Nursing Practice) is a board-certified nurse midwife and women's health nurse practitioner and founder of Women's Health and Birth Care. Sara worked as a registered nurse from 2005 to 2016 and her broad scope of experience includes working in labor and delivery, postpartum, nursery, the emergency department and as a sexual assault nurse examiner. Sara received a doctorate of nursing practice in from the University of Utah in 2016.

Sara moved to North Ogden when her husband was deployed with the military in 2002. At that time, she had two young boys at home and made the decision to go back to school to become a Registered Nurse.

In 2005, Sara was a founding member of Venture Academy, a charter school in Marriott-Slaterville, and has volunteered at Green Acres Elementary and

Venture Academy where her children have attended school. She has volunteered in training law enforcement officers, family practice residents, nurses and high school interns. Sara is a compassionate contributor and loves teaching first aid to school classrooms, scouts and youth groups. She has also worked closely with local police departments in her position as a Northern Utah Sexual Assault Nurse Examiner for the past 12 years. Sara has been actively involved in the community through her local church service, activity in several petition drives, supporting her husband in his service on the city council and state legislature and attendance of many of the events associated with his service.

Sara is a loving mother, a business owner, an Army wife, recipient of a doctoral degree and compassionate caregiver. Sara and her adorable husband, Justin, and four feisty children live in North Ogden. She loves early morning runs, long afternoon walks, hiking, yoga, crocheting, quilting, crafting and seeing the patients at her Women's Health and Birth Care clinic. She spends much of her free time catching up on dishes, laundry, weeds and hiding in the bathroom secretly catching up on social media. She loves laughing until her cheeks hurt and has a special affinity for "Cool Mom" jokes, phrases, and dance moves that embarrass her children.

#### Why I am running:

I have enjoyed living in North Ogden for the past 15 years and have come to love this community. I have been involved in the public discourse in North Ogden for many years. I have found that our family's participation in public service has helped us to recognize and respond to community needs and this has encouraged positive growth, both for the community, and for our family. I look forward to serving on the North Ogden City Council and adding a new perspective to the dynamic team that manages the city, local laws, and helps to shape the development of our city.

#### Priorities:

Overall, my decision-making is weighed by my belief that government should be small in size, efficient, and effective in processes. I value personal responsibility, property rights and low taxes. I think the United States Constitution is always a guide we can look to in balancing the roles of government at all levels and any laws should fit within its framework.

#### Economic development:

North Ogden is growing. I hope to encourage smart development and bring resources and conveniences to our city in a way that allows us to keep our hometown appeal. New businesses in our community allow us to use our purchasing power to invest in our own community. The balance of residential to mixed use properties and business/commercial use is always a hot button issue. This dynamic and ongoing discussion requires community participation and input. I will always encourage open processes, public discourse and residents' participation in discussion and decision-making. The city council of North Ogden is in a unique position to shape growth in a positive way. I applaud our current city council and Mayor for the market-driven solutions and economic development they have brought into the city.

#### Managing the city Budget:

Every dollar of the city's budget matters. As a business owner, I recognize that every dollar I spend in my business matters. I budget for my business, I budget for my family and the city should have a responsible and well-planned budget. I appreciate the effort that North Ogden City makes to analyze, consider and make adjustments to the city budget each year. These are not easy decisions. We have to be vigilant in managing the budget to allow residents to keep the maximum amount of their hard-earned paychecks in their own pockets. Tax money is not free money. Frugality should be a priority and any use of tax dollars should be well thought out, discussed and decided upon openly with public input. Whenever possible, private solutions should replace government funded solutions.

A well thought out budget also includes future planning and saving for expected needs. I appreciate the work that has been done in evaluating the depreciation of city assets and setting aside a portion of the budget to be prepared to replace essential equipment and assets in our city when they reach their life span. This planning will help our city avoid crisis budgeting or bonding in the future when resources or assets break down. I hope to carry this vision forward and will always encourage solutions that avoid debt and keep interest working in our favor.

I am happy to be running for city council. I look forward to working with the other council members and mayor on a cooperative team to work toward positive outcomes for North Ogden. Please feel free to contact me about issues that are important to you or questions you may have.

Warm Regards,  
Sara Fawson

[votesarafawson@gmail.com](mailto:votesarafawson@gmail.com)  
sarafawson.com  
801-695-1318